

## FAITH OVER FEAR

PSALMS 60.2—62.6  
Lead me to the rock that is higher than I.  
For thou hast been a refuge for me,  
A strong tower from the enemy.  
I will dwell in thy tabernacle for ever:  
I will take refuge in the covert of thy wings. *Se lahh*  
For thou, O God, hast heard my vows:  
Thou hast given me the heritage of those that fear thy name.  
Thou wilt prolong the king's life:  
His years shall be as many generations.  
He shall abide before God for ever:  
Oh prepare lovingkindness and truth, that they may preserve him.  
So will I sing praise unto thy name for ever,  
That I may daily perform my vows.

*ed alone a Refuge from Treachery and Oppression.*  
*r the Chief Missionary after the manner of Jechonah. A Psalm of David.*

2 My soul *waiteth* in silence for God only:  
From him *cometh* my salvation.  
He only is my rock and my salvation:  
*He is* my high tower; I shall not be greatly moved.  
How long will ye set upon a man,  
That ye may slay him, all of you,  
Like a leaning wall, like a tottering fence?  
They only consult to thrust him down from his dignity;  
They delight in lies;  
They bless with their mouth, but they curse inwardly. *Se lahh*  
My soul, *wait* thou in silence for God only:  
For my expectation is from him.  
He only is my rock and my salvation:

*Or, a rock that is too high for me. <sup>2</sup> Heb. <sup>3</sup> Or, given a heritage unto those that love to dwell in silence unto God. <sup>4</sup> Or, as others read, Ye shall be slain etc. <sup>5</sup> Heb. be silent unto God.*

# FAITH OVER FEAR QT SERIES WEEK 3

A spiritual mindset in  
the face of crisis

ICOC  
M A N I L A

### Day 7

Scripture Reading: Gen 22:1-12 & Heb 11:17-19

Question to ponder:

1. Let's put our self in Abraham's shoes (slippers). What if God asks you to make a sacrifice today? What will you do?
2. How can you give your best to God during this time of crisis?

Thoughts:

In this passage God tested Abraham. He wanted to know his heart. He wanted to know Abraham's commitment. God wanted to see if he is giving ALL or NOTHING at all.

Like Abraham, God wants us to worship him with complete dedication. When he was asked by God, He didn't look for loopholes instead he obeyed and trusted God entirely. He did not look for discrepancies but he was more than willing to follow God. He did not water down his commitment to God instead he gave ALL to God.

In Heb 11:17-19 Abraham responded to God by giving his best. Let us also respond to God by giving our very best as we worship Him in this time of crisis.

Do you think you're giving God the very best? What are the areas that you need to change in order to give God your best? Is it your time, or your heart in your prayers, or faith in the things you do for God?

**Practical Application:** Find a place or time where you can best worship God without interruption for at least 30mins.

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### Day 8

**Scripture Reading:** John 17: 1 – 26

**Question to ponder:**

1. How important is Jesus' prayer to the Father in Heaven? What kind of attitude did Jesus display towards His Father through His prayer?
2. How will this help you in your personal life?
3. In Jesus's deep prayer for His disciples and those who will follow them, what was Jesus' prayer for their near future and experiences in life?
4. How will you be able to apply this to your prayers for your brothers and sisters in the same situation?

**Thoughts:** Jesus Christ has shown us the perfect example of praying for our brothers and sisters who are or will be facing challenges. He expressed and communicated His feelings through prayer to God with a sincere and genuine heart, full of love and compassion, for his disciples and the disciples that will follow them — the chosen people that will show this world the glory of God. Even through the generations, the power of Jesus' prayer is still at work in order to protect us—even against COVID19.

As disciples of Jesus Christ, we should wholeheartedly believe and have faith that we are constantly being guided and being protected by the powerful prayer of Jesus Christ and that God has heard the prayer of Jesus and will answer it.

**Practical Application:** Let us strive to have the right attitude for prayer, and continue to give thanks and be grateful to God specially through the COVID19 pandemic. Make a prayer list of things you are grateful for despite of the lock down

### Day 9

**Scripture Reading:** Colossians 4:2–4

**Question to ponder:**

1. What is Paul's encouragement to the church while he was in prison? What did he intend to do while in prison?
2. Why do Christians need to pray and stay alert in prayer?
3. Being in quarantine, we have more time now. How much time do you spend in prayer and sharing God's word?

**Thoughts:** Being in prison, Paul's movements are limited. He cannot go anywhere he wants, he cannot preach in the Synagogue, or visit other disciples and encourage them. The best thing he could do is to pray and encourage the church to devote themselves to prayer and to stay alert or watchful because there are false teachers who contradict the gospel message. He asked the church to be partners with him in prayer as he proclaims the message even in prison. Paul's faith, mission and vision are not defined by the place where he is. Confinement in a room or lockup is not an issue for him to pray and proclaim the gospel. He is still focused on his mission. He explained that the reason why he was in prison is because of the gospel, and so might as well preach the gospel there. Paul's time in prison was for the purpose of spreading the gospel in the Gentile capital of Rome. As we will see, Paul was not idle during his time in prison. Rather, he continued to serve actively as a messenger of the gospel of Jesus Christ. Paul's appointed tasks were not put on hold when he was imprisoned. On the contrary, in God's provision, prison was exactly where God wanted Paul to be at this time in his life (Ephesians 6:19-20).

**Practical Application:** As we are in lockdown, make the most of this crisis as an opportunity to pray more. Pray for boldness to overcome fear with faith, and conquer panic with peace. Have a prayer list of people you want to reach out to and decide to call them. We may be in quarantine, but this should not stop us to become more prayerful and from preaching the gospel, because we are quarantined for Christ.